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CE 1

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**Enhancing Safety and Independence With Transfers:
A Guide to Transfer Devices for Case Managers**

1. **Transfer devices are used by patients with varying degrees of mobility challenges and safety concerns.**
 - a. True
 - b. False
2. **Transfer devices promote which of the following:**
 - a. Getting out of bed
 - b. Leaving the home
 - c. Participation in activities of daily living
 - d. All of the above
3. **The benefits of transfer devices include which of the following?**
 - a. Increased safety and independence
 - b. Enhanced quality of life
 - c. Engagement in meaningful activities
 - d. All of the above
4. **Patient transfer devices come in various forms, and the choice of the right device depends on the level of assistance the patient requires.**
 - a. True
 - b. False
5. **Factors to consider when selecting a patient transfer device include:**
 - a. Energy level
 - b. Pain
 - c. Strength
 - d. All of the above
6. **Transfer devices can be categorized as:**
 - a. Self-transfer
 - b. Assisted transfer
 - c. Dependent transfer
 - d. All of the above
7. **Which of the following might be used by a patient who can transfer on their own?**
 - a. Cane and walker
 - b. Bed rails
 - c. Grab bars
 - d. All of the above
8. **Assisted transfer devices are most suited for patients who require physical assistance from care partners during transfer.**
 - a. True
 - b. False
9. **Assisted transfer devices include which of the following?**
 - a. Gait belt
 - b. Transfer board
 - c. Pivot discs
 - d. All of the above
10. **Patients with severe mobility impairments may rely entirely on care partners for transfer.**
 - a. True
 - b. False
11. **Some options for the patient who is dependent in transfer include:**
 - a. Patient lift
 - b. Ceiling lift
 - c. Sit-to-stand lift
 - d. All of the above

12. **Because the bathroom is one of the most common areas for falls among adults, assistive devices for showering and toileting may include:**
 - a. Grab bars
 - b. Zero-threshold shower
 - c. Shower chair
 - d. All of the above

CE 2

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New Challenges in Hospice Care

1. **When did the modern hospice movement begin?**
 - a. 1967
 - b. 1974
 - c. 1077
 - d. 1980
2. **What year did Congress create the Medicare hospice benefit?**
 - a. 1967
 - b. 1974
 - c. 1982
 - d. 1986
3. **Under Medicare hospice rules, terminal is defined as:**
 - a. 6 months or less of life
 - b. 4 months or less of life
 - c. 3 months or less of life
 - d. 2 months or less of life
4. **A patient to be eligible for hospice care must not be receiving any treatment that is curative.**
 - a. True
 - b. False
5. **What percentage of hospice beneficiaries received care during the last 7 days of their life?**
 - a. 22.9%
 - b. 25.1%
 - c. 27.9%
 - d. 31.2%
6. **Hospice care is frequently described as:**
 - a. Comfort care
 - b. Supportive care
 - c. Palliative care
 - d. All of the above
7. **The term palliative care is confusing to many patients and families.**
 - a. True
 - b. False
8. **Palliative care is appropriate at any age and at any stage of a serious illness and can provide curative treatment.**
 - a. True
 - b. False
9. **Hospice services can be provided in which of the following settings?**
 - a. Home
 - b. Assisted living center
 - c. Skilled nursing facility
 - d. All of the above

- 10. **The opiate crisis is contributing to patients' and families' concerns about pain management and addiction.**
 - a. True
 - b. False
- 11. **Depending on some state and federal laws, some options in the dying process may include:**
 - a. Physician-assisted suicide
 - b. Voluntarily stopping eating and drinking
 - c. Assisted slumber
 - d. All of the above
- 12. **The case manager working with end-of-life patients has a responsibility to:**
 - a. Provide comfort
 - b. Educate
 - c. Provide emotional support
 - d. All of the above

- 6. **The Case Management Society of America published Standards of Practice first in 1995. The Standards defined case management and are a guide for the professional practice of case management.**
 - a. True
 - b. False
- 7. **The 2001 Institute of Medicine's *Crossing the Quality Chasm* recommended specific quality indicators including:**
 - a. Patient safety
 - b. Care effectiveness
 - c. Equity
 - d. All of the above
- 8. **In 2007 the Triple AIM was introduced by the Institute for Healthcare Improvement to assist health care organizations in improving patients' experience in receiving which of the following?**
 - a. Quality
 - b. Access
 - c. Satisfaction
 - d. All of the above
- 9. **Value-based care focuses on quality rather than quantity by addressing:**
 - a. Care coordination
 - b. Readmission reduction
 - c. Experience of care
 - d. All of the above
- 10. **The focus of enhancing quality and appropriateness of care across each transfer of care prompted an enhanced demand for case managers.**
 - a. True
 - b. False
- 11. **Activities to support values of case management include:**
 - a. Educate patients and families about the role of the case manager
 - b. Review quality metrics
 - c. Assist patients to become more active participants in their continuing care plan
 - d. All of the above
- 12. **The case manager could do which of the following to educate others about the value of case management?**
 - a. Educate family and friends about the role of the case manager
 - b. Promote the role of the case manager on social media
 - c. Write an article about the role of the case manager for a local newspaper or magazine
 - d. All of the above

CE 3

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The Value of Case Management: Does Your Mother Know What You're Doing?

- 1. **Which of the following terms have been used to refer to case managers?**
 - a. Patient fire department
 - b. GDP of health care
 - c. Glue that holds health care together
 - d. All of the above
- 2. **Most patients in need of case management are identified by a payor or health care organization for an individual, based on a catastrophic or chronic diagnosis or the recognition that a devastating occurrence has happened.**
 - a. True
 - b. False
- 3. **Case management interventions are not new and can be traced back to public health activities in the early 1900s.**
 - a. True
 - b. False
- 4. **Some of the developments in modern case management include:**
 - a. Care coordinators of soldiers injured in WW II
 - b. Community-based case managers addressing the needs of older adults
 - c. Hospital-based utilization management and discharge planning
 - d. All of the above
- 5. **The role case managers played became paramount in acute and post-acute environments and in the payor environment because of the realization of the benefits of case coordination and the economic value achieved when care was provided in a timely manner.**
 - a. True
 - b. False

Answer sheet next page >

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Please indicate your answer to the exam questions on the preceding pages by filling in the letter.

EXAM 1 Enhancing Safety and Independence With Transfers: A Guide to Transfer Devices for Case Managers

Objectives:

1. Define patient transfer devices.
2. State 4 kinds of patient transfer devices commonly used.
3. State 3 benefits of using patient transfer devices for the patient.

1. _____ 2. _____ 3. _____ 4. _____ 5. _____ 6. _____ 7. _____ 8. _____ 9. _____ 10. _____ 11. _____ 12. _____

EXAM 2 New Challenges in Hospice Care

Objectives:

1. State the early history of the modern hospice movement.
2. State 4 challenges faced by the case manager in using hospice.
3. Define the role of the case manager in hospice care.

1. _____ 2. _____ 3. _____ 4. _____ 5. _____ 6. _____ 7. _____ 8. _____ 9. _____ 10. _____ 11. _____ 12. _____

EXAM 3 The Value of Case Management: Does Your Mother Know What You’re Doing?

Objectives:

1. Define case management.
2. State 3 milestones in the development of modern case management.
3. State 3 activities a case manager can do to demonstrate the value of case management..

1. _____ 2. _____ 3. _____ 4. _____ 5. _____ 6. _____ 7. _____ 8. _____ 9. _____ 10. _____ 11. _____ 12. _____

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	EXAM 1	EXAM 2	EXAM 3
1. The objectives were met.	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
2. The article was clear and well organized.	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
3. The topic was both relevant and interesting to me.	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
4. The amount and depth of the material was adequate.	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
5. The quality and amount of the graphics were effective.	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
6. I would recommend this article.	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
7. This has been an effective way to present continuing education.	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
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